

Bike the (Other) Muir Trail

WISCONSIN

Kettle Moraine may sound like a cheddar-suffused Wisconsin casserole, but in truth it's rolling terrain carved by glaciers during the last ice age and home to the Midwest's best mountain biking. "Rolling terrain" can entail some steep sections, but the small-chaining stuff seldom lasts more than 60 feet as you wend through forest and prairie on 28 miles of singletrack. The John Muir Trail system sets off from Highway H just south of Palmyra (\$4 for a trail pass; www.dnr.wi.gov). Pitch a tent in the Kettle Moraine State Forest campground at Whitewater Lake (\$10).